

Winner World's Best Food
& Tourism Magazine

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Good Things

Gourmet food & luxury travel

30

**DELICIOUS CHEFS'
RECIPES FOR YOU
TO COOK AT HOME**

**Guest chef
Monica Galetti**

*Shares Masterchef stories
and her latest recipes*

PLUS

- WHERE TO SKI THIS SEASON
- WHY WE LOVE TAHITI
- FOOD STARS IN SWEDEN
- LUXURY WEEKENDS AWAY
- ...AND THE DOG COMES TOO!

The secrets behind
**RESTAURANT
DESIGN**

The ultimate guide to
CHOCOLATE

**BUMPER
ISSUE!**

*Everything for
a fabulous
festive season*

A taste of Christmas

At home with Marcus Wareing ❄️ The 2016 restaurant hot list
The ultimate foodie gift guide ❄️ 12 chefs share festive must-haves





Incredible INDIA

2017 marks the 70th anniversary of Indian independence - the dynamic country has never offered more to see and do

India is like nowhere else in the world. Breathtaking, bemusing, bustling and bright - there are no end of adjectives to describe the culture shock often experienced on landing. You could easily spend a lifetime merely scratching the surface, so, when planning a visit, a little expert guidance can be just the thing. Whether you're after culture or cuisine, nature or nurture, we've uncovered some of the best new trips and experiences on offer.

MOUNTAIN HIGH Explore Himalayan food at Shakti 360° Leti. Local cuisine incorporates Tibetan, Bhutanese and Nepalese fare; cook under chef Yeshi's guidance, then walk it off on guided overnight treks which take in monasteries, schools, and temples.

Fly to: Pantnagar Book: shaktihimalaya.com

SPICY SOUTH Vegetarians will love the well-spiced, fiery, flavoursome food found in South India's Tamil Nadu. Visit Chettinad, a local culinary hotspot, and the historic port town of Pondicherry, with French, Portuguese, Vietnamese and Tamil influenced food.

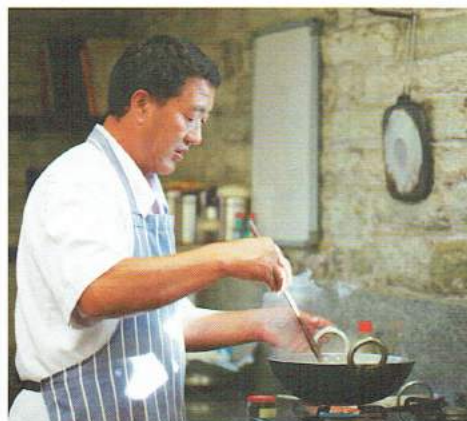
Fly to: Chennai Book: ampersandtravel.com >>



Taste the regions

DISCOVER DELHI Embark on a rickshaw tour of the city's food markets and street vendors with a senior chef on ITC Hotels' new Food Sherpa trails. Learn about regional food, sample snacks, and try your hand at cooking.

Fly to: Delhi Book: itchotels.com



Back to nature

TIME FOR TEA Assam is famed for tea plantations. Sandwiched between Bangladesh, Bhutan and Burma, the state is best seen on a river cruise taking in Kaziranga National Park, Majuli - the world's largest river island, and the tea fields, where you can pick your own.

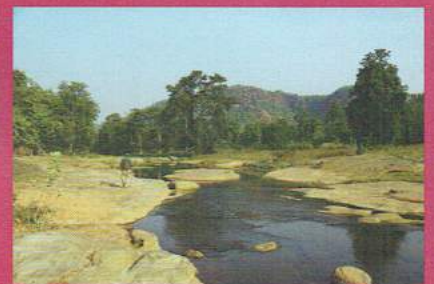
Fly to: Calcutta Book: audleytravel.com

HIT THE PEAK Stok Kangri in Ladakh, Kashmir offers one of the easiest Himalayan peak climbs. Over two weeks, you'll ascend to 6000 metres and, while you need to be fit, there's no technical climbing involved.

Fly to: Delhi Book: keadventure.com

TRAILS AND TIGERS Inspired by this year's *Jungle Book* movie? Head for the hills of Madhya Pradesh where the Jungles of the Forsyth Trail five-centre walking tour takes in all of the landscapes which inspired Kipling.

Fly to: Mumbai Book: inntravel.co.uk



Stay in style

India has no shortage of hotels, from the luxe to the rustic and eco-friendly...

THE OBEROI SUKVILLAS RESORT & SPA

This luxe resort is next to Chandigarh's protected Siswan Forest Range. Both tented suites and private villas boast pools and gardens. 2017 welcomes a forest-based spa, and a historic trail which links other properties. oberoihotels.com

SVATMA Once a traditional family mansion in Tanjavur, now a 38-room boutique hotel, Svatma works towards restoring Tamil Nadu's cultural scene. The arts and music performances offer a fabulous introduction to the seat of 2,000 years of culture. svatma.in

RAKKH RESORT Discover real peace in the Dhauladhar mountain foothills in north India. 17 hilltop-view cottages are dotted over four acres, close to Kangra - India's oldest fort. Hiking and biking trails reveal the tea gardens and local villages that time forgot. rakkh.com