

# SPHERE

PRICE £6/US\$12

**PULSE**  
THE HOTTEST  
WATCHES AND  
JEWELLERY

**COCKTAIL  
FOR SUCCESS**  
LONDON'S MIXOLOGISTS  
MEAN BIG BUSINESS

**FIT FOR  
FASHION**  
ADVENTURE  
WEAR IS  
GOING LUXE

Light  
fantastic

BRIGHT NEW IDEAS FOR SPRINGTIME IN THE CITY



## THERAPY IN TAMIL NADU: SVATMA

Negotiating rural India can be a whirlwind adventure, but those seeking a refuge between Pondicherry and the temples of Madurai need look no further than Svatma, in a restored colonial home in the historic city of Thanjavur. The greeting is warm and the vegetarian food is hearty and delicious. For an authentic experience, get up early to try the Vedic chanting, then attend a yoga class in the form of spiritual guidance with an elderly guru and a video on the history of the ancient practice. Rooms from £170, [svatma.com](http://svatma.com)



## COTSWOLD CHIC: NO. 38 THE PARK

Bringing some cutting-edge design to Cheltenham is No. 38 The Park, part of a collection of hotels from husband-and-wife team Sam and Georgie Pearman, backed by Super Dry founder Julian Dunkerton. Dressers are reclaimed from Paris flea markets and David Hockney's Blue Guitar series lines the walls of the floodlit sitting room. Bedrooms are well thought out, down to the ubiquitous bath in the bedroom complete with antique taps and showerhead. It is worth booking for one of the supper clubs: a recent one with Jeremy Lee saw smoked eel on toast and goat and suet pie followed by a smashed orange pavlova. Perfect for a mini break. Rooms from £150, [theluckyunion.com](http://theluckyunion.com)



## BALEARIC BLISS: OD TALMANCA, IBIZA

*Part of the new wave of contemporary hotels in Ibiza is OD Tamanca.*

*Choose a room overlooking the pool area and enjoy a breakfast of local ham, caviar and a glass of cava. The halls are lined in highly scented wood, giving it a Japanese onsen feel. Rooms from €142, [od-hotels.com/hotel-od-talamanca-ibiza](http://od-hotels.com/hotel-od-talamanca-ibiza)*